

RIDGE VALLEY SCHOOL

DLF PHASE – IV, GURUGRAM, HARYANA

RVS/CIR/001(B)/2022-23

1st APRIL 2023

CARPE DIEM AND CLUBS - 2023-24

Dear Parent (Grades III-V),

Greetings!

The Carpe diem program in school is an initiative to help students to pursue their passion and 'Seize the Day'. We are glad to announce the **commencement of Term I Carpe Diem starting from Monday, 10th April 2023.**

The school is offering various Skill Development and Sports Carpe Diem periods where students get an opportunity to hone their skills and talents for their all-round development.

In addition to the compulsory sports Carpe Diems, students can choose any one of the optional sport, skill development CPD and Clubs (listed below) to pursue their interests or passions.

Please make a note of the schedule of various Carpe Diems and Clubs.

SKILL DEVELOPMENT CARPE DIEM (Choose 1)	SPORTS CARPE DIEM		CLUBS (Choose 1)
	Compulsory Sports (on a roster)	Optional Sports (Choose 1)	
<i>Will be conducted once in a week (every Wednesday-1:40 pm-2:50pm)</i>	<i>Will be conducted twice in a week (Monday and Wednesday-8:35am-9:30am)</i>	<i>Will be conducted once in a week (every Friday-8:35am-9:30am)</i>	<i>Will be conducted once in a week (every Tuesday-1:40pm - 2:50pm)</i>
Indian Dance	Cricket	Skating	Eureka Science Club
Western Dance	Football	Taekwondo	Linguistic
Indian Music	Golf	Lawn Tennis	Heritage

Instrumental Music	Gymnastics		Digital Media
Pottery/ Clay Modelling/ Sculpture	Basketball		Mathletics
Art and Craft			Eco Warriors
Theatre			
Tabla			

Please find below the link of Microsoft form to choose the optional Carpe Diem and club activities. The last date to submit the form is **Thursday, 6th April 2023**.

Form Link –

<https://forms.office.com/Pages/ResponsePage.aspx?id=1geYGoNlzkqvdHlkulfNfbzLffSk2S1HrhgAxYa8QhFURE02QTk5QIVBS0hMM0paTU04UjlGVUIKTy4u>

PLEASE NOTE: - IT IS MANDATORY FOR ALL THE STUDENTS TO FILL THE FORM AND ATTEND THE CARPE DIEM SESSIONS. There will be no change accepted in Carpe diem or Clubs till the last date of Term 1.

Looking forward to more Innovation and creativity through this program.

Regards,

Ms. Nidhi Tewari

Principal
Ridge Valley School